



**PROGRAM CONFIRMATION &
PRE-DEPARTURE PLANNING AND REQUIREMENTS**
Public Health & Development in South Africa

Welcome to the Public Health & Development in South Africa program! Contained here is some helpful information about your IPD study abroad experience, including logistical information, important travel health and safety tips, requirements, and resources for learning more about your host country and culture.

If you have any questions, feel free to contact Natalie Kohler at natalie.kohler@northwestern.edu or 847-467-6953. Also refer to these online resources:

- Pre-Departure Steps: <http://www.ipd.northwestern.edu/study-abroad/pre-departure/index.html>
- Public Health & Development in South Africa Google Site: <https://sites.google.com/a/u.northwestern.edu/nu-public-health-in-south-africa/>

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Forms

- Public Health & Development in South Africa Program Student Budget
- Program Confirmation Form
- Stellenbosch University: 2015 Short Programme Application Form

Checklist of Requirements

STEP 1: PROGRAM CONFIRMATION; Final Deadline: Monday, December 1

- Confirm Your Participation.** Turn in the **Program Confirmation Form** (enclosed) as soon as possible and no later than **Monday, December 1** by emailing a scanned copy of your signed form to Natalie at natalie.kohler@northwestern.edu. **NOTE: Your place in your program will not be guaranteed until your Program Confirmation Form is received. If your program reaches capacity before your forms are received, you will be placed on a waitlist.** **Confirmation deadline: Monday, December 1**
- Complete the Pre-Departure Section** of your **Northwestern Study Abroad Application** (<http://www.northwestern.edu/studyabroadapp>) under “Complete Pre-Departure Requirements” by filling out the Program Confirmation, Pre-Departure Checklist, Emergency Information, and Dietary Restrictions sections.
- Complete Parts A & B** of the **NU Health Assessment Form** of your **Northwestern Study Abroad Application** under “Complete Pre-Departure Health Assessment” (see **HEALTH & SAFETY GUIDE**). If you are prompted to complete Part C, schedule an appointment with your physician ASAP.
- Complete the Stellenbosch University: 2015 Short Programme Application Form** (enclosed) and submit to the IPD office.
- Passport Info & Copy.** If you have not done so already, complete the “Picture and Passport Information” section of the **My Profile** area of the **Northwestern Study Abroad Application**. Also email a scanned copy of the ID page of your passport to Natalie at natalie.kohler@northwestern.edu.
NOTE: If you do not already have a passport or if it will expire within six months of your intended return, submit your application for a new/renewed passport by **December 1**. Notify IPD if you do not carry a U.S. passport.
- Research visa requirements** and contact Karey Fuhs (k-fuhs@northwestern.edu) at IPD if you require a visa.

STEP 2: PRE-DEPARTURE ORIENTATION; Tuesday, February 17

- Book your international flight and email your detailed itinerary to Natalie at natalie.kohler@northwestern.edu.
- Register with the US State Department Smart Traveler Enrollment Program (STEP): <https://step.state.gov/step>
- Watch all the **Blackboard Online Study Abroad Pre-Departure Orientation Videos** prior to your in-person orientation.
- Attend the mandatory **Pre-Departure Orientation** on **February 17, from 6-8pm** in Norris Louis Room South.
- Complete and upload **Health Assessment Form: Part C - Healthcare Provider Evaluation** into your **Northwestern Study Abroad Application** (see **HEALTH & SAFETY GUIDE**). (Only required for students who answered “yes” to question 5 of Health Assessment Form: Part A.)
- Make an appointment with a travel health professional for recommended immunizations and travel health advice (see **HEALTH & SAFETY GUIDE**).
- Communicate and plan for any healthcare needs** with one or more of the following resources well in advance of your program’s departure date: a representative from IPD, the Office of Global Safety and Security, Dean of Students Office, CAPS, or AccessibleNU; a health care professional; parents or other family members
- Email roommate preferences (if applicable) to natalie.kohler@northwestern.edu.

ONGOING

- Maintain satisfactory academic performance and a clean disciplinary record
- Respond promptly to correspondence from IPD
- Do your research! Learn about the history, geography, politics, economy, and culture of your host country.
- Get excited and await any additional instructions about your Spring Quarter in South Africa!

Program Information

Program Dates

The Public Health & Development in South Africa program will run from **Monday, March 30** (the date students arrive in Cape Town), to **Sunday, June 14, 2015** (the date students depart from Cape Town). Students are expected to arrive in Cape Town on **Monday, March 30**, on the suggested flight or a reasonable alternative. (See the “Travel” section below.)

Program-provided housing will be offered throughout this program period. Students arriving before the program start date or staying after the program end date will be responsible for making their own accommodations arrangements.

Travel

You are responsible for making your own flight reservations to and from Cape Town, South Africa. Students are expected to arrive in Cape Town on **Monday, March 30**, and depart on **Sunday, June 14, 2015**.

In order to be able to facilitate group airport pick-ups and drop-offs, we encourage you to try to coordinate your flights with other participants, so that you connect to the same flight(s) to Cape Town. IPD suggests the flight below, because it is the option with the shortest duration from Chicago, which falls under the fare estimate provided in the enclosed budget, at the time that this packet was printed. However, you may make other arrangements, as long as the flights arrive no later than the specified departure date and no earlier than the specified return date.

Suggested Flight:

Students should arrange their flights to depart from your hometown (or wherever you will be during Spring Break) and connect with these KLM Royal Dutch/Delta flights between Amsterdam and Cape Town:

Departure: KLM Flight 597/Delta Flight 9599; Departing Amsterdam at 10:10am on Monday, March 30;
Arriving Cape Town at 9:35pm on Monday, March 30

Return: KLM Flight 598/Delta Flight 9436; Departing Cape Town at 11:25pm on Sunday, June 15;
Arriving Amsterdam at 11:00am on Monday, June 16

Students are encouraged to check flight availability and fares on a variety of airlines and through various search engines. Possible travel vendors or search engines include:

- STA Travel: <http://www.statravel.com/>
- Student Universe: <http://www.studentuniverse.com/>
- Kayak: <http://www.kayak.com>
- IntraWorld Travel: <http://www.intrawld.com/>

When booking your tickets, be careful to note any restrictions associated with your ticket, particularly if you think you might need to make changes. These include: whether the ticket is refundable, what change penalties exist, the validity of the ticket (e.g., 90 days, 6 months, 1 year), re-routing options, etc.

Pro Tip: Booking round trip airfare is significantly more cost effective than purchasing two, one-way flights. Try to arrange your travel plans early so that you can book round-trip airfare for the best price.

If you choose to explore alternatives to the suggested flight, please be aware of the following:

- *Arrivals & Airport Pickups.* Stellenbosch is about a 45-minute drive from Cape Town International Airport, and it is quite expensive for students to arrange their own transportation. Therefore, IPD will work with Stellenbosch University to arrange all airport transfers around students' scheduled arrivals. This is why we collect your detailed flight information. Be aware, though, that we will likely only arrange 2 or 3 (maximum) pickups, so depending on your arrival time, you may need to wait in the airport for other students to arrive. (Cape Town airport is very nice and has lots of amenities, so there is plenty to do while you are waiting.)

- *Transfers via Johannesburg.* If you are looking at flights on United/South African Airways, these will likely take you through Johannesburg, where you will need to pass through immigration. Be aware that the lines in immigration in Johannesburg can get very long, so if you choose to fly through Johannesburg, it is recommended that you give yourself at least a 2 hour connecting time, if not more. Airlines will often consider connections that are less than 2 hours as valid, but in these cases, you run the risk of missing your connection.

Your housing will run from **Monday, March 30 – Sunday, June 14**. If you plan to arrive in Cape Town early or stay after the program ends, please understand that you will need to make your own accommodations arrangements.

After you have booked your flight, **email your detailed itinerary** to natalie.kohler@northwestern.edu. **Due Tuesday, February 17.**

Visas

U.S. citizens will not need a visa to enter South Africa for this program; they will enter South Africa as visitors for a 90-day (maximum) period. However, if you plan to stay after the program is completed and will exceed a 90-day visit, or if you do not carry a U.S. passport, contact Karey at k-fuhs@northwestern.edu and refer to the South African consulate website for information about the requirements for a study permit. http://www.southafrica-newyork.net/homeaffairs/permit_study.htm

Housing

Your accommodations at Stellenbosch are provided as part of your program package. You will be living in Concordia, an international dorm in the residential area on the Stellenbosch University campus. You will have your own room, which will be part of a suite with one or two other students. If you have a suitemate preference, email this to Natalie at natalie.kohler@northwestern.edu by **Tuesday, February 17**, and we will do our best to accommodate you.

As a reminder, housing is only provided during official program dates, so if you are arriving before the program start date or staying after the program end date, you will be responsible for making your own accommodations arrangements.

Also be sure to cancel your on-campus housing contract or sublet your off-campus apartment for the term you are abroad: <http://www.northwestern.edu/studyabroad/outbound-students/prepare-to-leave-campus.html>

Program Costs and Billing

Students participating in IPD study abroad programs will be charged a program fee equivalent to Northwestern tuition, which includes the program tuition, accommodations, some meals, program-related excursions, and HTH Worldwide Health Insurance. Refer to the enclosed student budget for expected program costs.

Invoices for study abroad are issued through CAESAR on the regular quarterly schedule, subject to the same due dates.

Financial Aid

Northwestern's policy of meeting demonstrated need extends to study abroad, so financial aid recipients participating in IPD programs can use their aid toward the program costs. The aid application is no different for study abroad than for regular campus study.

As in any other year, your expected family contribution (EFC) will be calculated based on information reported in the financial aid application materials, and will not change based on study abroad costs. When calculating financial aid awards, the Financial Aid Office will use the enclosed budget, which includes the IPD program fee, plus your transportation, books, and personal expenses abroad. Estimated personal and other costs take into account reasonable cost of living for the area in which you will be studying.

Because housing and other costs are included in the IPD program fee, and are therefore not experienced by IPD students abroad, the total cost of the program is slightly lower than a standard quarter on campus. For study abroad programs that cost less than studying at Northwestern, your financial aid award will be reduced: self-help aid (i.e.,

work-study and need-based loans) is typically reduced first, and Northwestern Scholarship may be reduced if necessary. Your EFC will remain the same.

Remember that your financial aid and loans cannot cover the cost of your housing in Evanston (on-campus or off-campus housing) while you are studying abroad.

IPD & Outside Scholarships

Students receiving IPD study abroad scholarships will see their awards credited to their NU invoice. In some cases, IPD funding may replace other sources of aid.

All students are encouraged to pursue outside scholarships and other sources of funding. Review the Financial Considerations page on the IPD website for more information and links to external scholarships and funding: <http://www.ipd.northwestern.edu/study-abroad/financial-considerations/index.html>. Note: Students receiving outside scholarships must report these awards to the Financial Aid Office.

If you have any additional questions about billing or financial aid, email Krista Buda Bethel at krista@northwestern.edu or refer to the Money Matters resource pages of the Study Abroad Guide: <http://www.northwestern.edu/studyabroad/resources/online-guide/money-matters/index.html>

Pre-Departure Orientation

Throughout Winter Quarter, IPD will arrange some required and optional activities intended to prepare you for your study abroad experience. These events are opportunities for you to learn more about the history and culture of your program location, to meet and interact with the students participating in your program and with program alumni, to set goals for your time abroad, and to prepare yourself intellectually for the challenges of study and research abroad. Note the following:

- *Mandatory Blackboard Online Course:* Watch all **Study Abroad Pre-Departure Orientation videos** available on Blackboard; make sure to click “Mark as Reviewed” so that we have a record of your compliance with this requirement. This requirement should be completed before your in-person Pre-Departure Orientation. **Tuesday, February 17.**
- *Mandatory Pre-Departure Orientation:* **Tuesday, February 17, from 6-8pm** in Norris Louis Room, South. This orientation will cover important information about health and safety, tips for successful study abroad, and other important details. If you cannot attend the session during this time, email Natalie at natalie.kohler@northwestern.edu to make alternative arrangements.
- *Program Orientation(s):* **Time/Date TBD.** IPD and/or the student ambassadors for this program will contact you about optional pre-departure activities.

More information about these and other opportunities will be provided, but be prepared to commit to about 10-20 hours over the course of Winter Quarter for pre-departure activities and events.

Stellenbosch University: 2015 Short Programme Application Form

Stellenbosch University is the host institution for this program. Review the Stellenbosch University website for more information about the university and facilities. <http://www.sun.ac.za/university/>

As part of this program, you will be enrolled at Stellenbosch University, so you must complete the **Stellenbosch University Short Programme Application Form** (enclosed) and turn it in to the IPD office. Note: IPD will enroll you in HTH Worldwide Health Insurance, so you do not need to provide proof of medical insurance, as indicated on the form. “Population Group” refers to your ethnicity. **Due December 1.**

Health & Safety Guide

NU Health Assessment Form

All students are required to complete a **Pre-Departure Health Assessment**, which places responsibility on students to conduct a personal health assessment, meet with a medical professional (if required), and discuss healthcare needs with one of more of the following—an IPD representative, AccessibleNU, a healthcare professional, parents, or other family members—well in advance of the program’s departure date.

Students must **complete Parts A & B** of the **Pre-Departure Health Assessment** via the **Northwestern Study Abroad Application** (<http://www.northwestern.edu/studyabroadapp>) by their program confirmation date. If required, students must submit **Part C – Healthcare Provider Evaluation** by uploading the completed form, signed by a physician, to the online application by the date of the **Pre-Departure Orientation** or no later than six weeks prior to the start date of the program.

Be sure to review the Health Section of the **Study Abroad Guide**:

<http://www.northwestern.edu/studyabroad/guide/health-and-safety/health/index.html>

Study Abroad Health Insurance

Northwestern University requires all study abroad participants be covered by HTH Worldwide Health Insurance regardless of any other coverage they have from their parents or Northwestern, unless they are a citizen of the country in which they will be studying. Our policy provides comprehensive, zero deductible health insurance coverage as well as care coordination, including assistance in making doctor’s appointments or seeking emergency medical services while abroad. The policy also includes pre-departure assistance for students with pre-existing conditions that may require professional health management while abroad. For example, staff in HTH’s Global Health Unit can arrange for a variety of services including but not limited to routine blood work, counseling, or allergy injections. Email them at globalhealth@hthworldwide.com or contact Julie Anne Friend, the Director of the Office of Global Safety and Security, at Julie.friend@northwestern.edu.

IPD will purchase HTH policies on behalf of program participants, and the cost is included in your program fee. Therefore, you should not enroll yourself in HTH; IPD will enroll you for the official travel period of your program. After enrollment, you will receive an email confirmation of coverage with a link to download a PDF copy of your policy card. Be sure to download your card and familiarize yourself with the terms of your coverage before you go. Be sure to familiarize yourself with the terms of your coverage before you go. More information can be found through the Office of Risk Management: <http://www.northwestern.edu/risk/insurance/study-travel-abroad-health/index.html>

Should you elect to travel on your own prior to or at the end of your program, you will need to purchase additional coverage. There are dozens of companies that specialize in international medical insurance policies. You can research them on the web or you can purchase a policy similar to the NU coverage from our current provider HTH Worldwide (<http://www.hthtravelinsurance.com/>). On the website, you can review a variety of coverage options, make a selection, and pay with a credit card. Your policy will be emailed to you within hours. The policy most similar to NU's coverage is the **TravelGap Excursion** plan. The coverage allows access to all of HTH's web tools; provides comprehensive protection; and, depending on the medical limit selected (it can range from a medical maximum of \$75,000 to \$1,000,000), the deductible chosen (it can range from \$0 to \$400), and your age at the time of travel, costs less than \$15 for the initial 10 days of travel while outside of the U.S. Remember, you will need to independently purchase this **separate insurance coverage**. You cannot extend the Northwestern study abroad coverage; a new policy must be obtained.

Travel Health

Even if you are not required to see a medical professional as part of the Northwestern University Health Assessment process, it is recommended that you consult a travel health professional about appropriate immunizations and preventative health measures for your trip. NU Health Service (NUHS) is not currently offering travel health services,

but you can consult the Travel Health Services page of the NUHS website for a list of local travel health professionals: <http://www.northwestern.edu/healthservice-evanston/medical-services/travel-health-services/index.html>.

Before meeting with a travel health specialist, you are encouraged to review the CDC Travelers' Health page for your location: http://wwwnc.cdc.gov/travel/destinations/traveler/extended_student/south-africa. Also plan to bring a copy of the CDC recommendations to your visit.

IMPORTANT: You will be spending nine days in Kruger National Park, where malaria is present. You must acquire appropriate antimalarial medication for your visit to Kruger, as well as take preventive measures to avoid mosquito bites. Antimalarial medications include:

- Atovaquone plus proguanil (Malarone®)
- Doxycycline (many brands and generics)
- Mefloquine (Lariam® and generics)

Consult with your travel health professional about the best option for you.

Mental and Emotional Health

Besides being personally rewarding, culturally expanding, and growth-producing, study abroad can be a *stressful* experience. As such, study abroad can cause students to have strong emotional reactions that can interfere with effective functioning as well as trigger and/or exacerbate mental health concerns, such as a return of symptoms or increased depression or anxiety. Please refer to the Mental Health Abroad page in the Online Guide to Study Abroad for information and resources:

<http://www.northwestern.edu/studyabroad/guide/health-and-safety/health/mental-health-abroad.html>

The state of your mental health is a personal matter and a personal responsibility, but discussing your mental health needs and readiness for study abroad with your current mental health provider or Northwestern's Counseling and Psychological Services (CAPS) before you go abroad will help you to prepare for any mental health challenges abroad. Please also consult with your program administrators about your mental health history, so that they can help you plan ahead and discuss options available for support while abroad. Visit the CAPS website:

<http://www.northwestern.edu/counseling/index.html>

Smart Traveler Enrollment Program (STEP)

The Smart Traveler Enrollment Program (STEP) is a free service provided by the U.S. Government to U.S. citizens who are traveling to, or living in, a foreign country. STEP allows you to enter information about your upcoming trip abroad so that the Department of State can better assist you in an emergency. STEP also allows Americans residing abroad to get routine information from the nearest U.S. embassy or consulate. Visit STEP at:

<https://step.state.gov/step/>

All IPD students must register their travel with STEP prior to departure.

Contacts:

HTH Worldwide Insurance

<https://www.hthstudents.com/login>

Centers for Disease Control and Prevention: <http://www.cdc.gov>

NU Counseling and Psychological Services

+1-847-491-2151 (9-5pm CST)

+1-847-491-8100 (after hours)

www.northwestern.edu/counseling

Preparing for Your Experience Abroad

Most students who participate in a study abroad program do so, among other reasons, to experience and to interact with people from another culture. Engaging with your host community and culture is central to the study abroad experience and to the discoveries that you will make about yourself and your host country. But remember: the level and depth of interaction that you will have with the local culture will depend largely on your own initiative, and the process starts long before your arrival in your host country.

IPD's specially-designed programs, such as this one, provide you with the comfort of a relatively familiar academic and social setting, since your curriculum aligns with your on-campus studies and you are living and studying with a group of your Northwestern peers. However, this structure can sometimes lead to a Northwestern "bubble" or "island" phenomenon abroad, which may pose a challenge to getting to know local people and having positive cross-cultural experiences. It is important that you make a concerted effort to cultivate relationships with students at your host institution, your homestay family (if applicable), or community members in the city where you live.

At the same time, having some knowledge about your host country will make you better equipped to interact with your local environment in a substantive and meaningful way. Having a basic understanding of the history and geography of your host country as well as social, economic, and political systems will help you build relationships with local people and better understand the cultural dynamics you will experience. Additionally, the more informed you are about the environment in which you will be living and studying, the more likely you will be to question assumptions or misconceptions you may have about the place and people, to understand and cope with differences between your expectations and the reality you experience, and to distinguish yourself from the "Ugly American" stereotype.

Make a Plan to Know Before You Go

Take some time before you depart to set specific goals for yourself while you are abroad and plan how you might accomplish them. Begin by researching the basic history of your host country and/or city, as well as local politics and government, language, religion, holidays, traditional art and music, the economic system, customs and traditions, gender roles, recent hot topics and controversies, etc. Besides basic Internet searches, consider watching a movie from or about your host country (there are many in the IPD library), reading a novel or non-fiction work about the place you are visiting (also available in the IPD library), reading articles from local newspapers online, and buying a travel guide that points out the major sights and attractions in the area where you will be living. Students participating in global health programs abroad may wish to consult the World Health Organization (WHO) country guides or review other health-related publications specific to their host country. Contact the IPD Ambassadors for your program and other returnees and start asking questions.

IPD will provide some resources and suggestions in your Pre-Departure Orientation Guide (distributed shortly before your Pre-Departure Orientation) and on the Google Site for your program. However, you should focus on topics that are of interest to you and aim to find information from a variety of sources, mediums, and viewpoints. Start by reviewing the links in the **Resources** section.

Winter Quarter Course Options

- *Global Health Courses*. Though not required, it is *strongly recommended* for students in the Public Health in Israel program that you take at least one Global Health core class prior to your study abroad experience, such as *Introduction to International Public Health*, *Qualitative Research Methods in Global Health*, or *Global Bioethics*. Here's a list of the core and elective class offerings for Winter Quarter:
<http://www.northwestern.edu/globalhealthstudies/courses/schedule.html>
- *JOUR 372: International Journalism: South Africa* (Instructor: Prof. Foster). This course provides an introduction to South Africa, with a special focus on the country's newspapers, magazines, and broadcast outlets. The course is required for Medill students completing their Journalism Residency in South Africa during Spring 2015, but it is also open to IPD study abroad (non-Medill) students. Past IPD students have found the course to be invaluable in preparing them for their time in South Africa. Non-Medill students will not be able to register

themselves for this course, so interested students should email their name and student number to Karey at k-fuhs@northwestern.edu.

- *African Studies Courses.* To begin to build context for your experience in South Africa, taking a course in the history, politics, economics, or other aspects of culture and society in the region would be beneficial for your preparation. For courses offered next term, refer to these websites:
 - African Studies: <http://www.northwestern.edu/african-studies/Academics/undergraduate-studies/index.html>
 - International Studies: <http://www.internationalstudies.northwestern.edu/undergraduate/courselists.html>

Resources

Contacts

International Program Development

ipd@northwestern.edu

Tel: +1-847-467-6953

<http://www.ipd.northwestern.edu/>

Karey Fuhs, Associate Director, IPD Study Abroad

*Contact Karey if you have any questions about your program, academics, preparing for study abroad, health and safety, or any other matters.

k-fuhs@northwestern.edu

Natalie Kohler, Program Assistant, IPD Study Abroad

*Contact Natalie if you have questions about forms or requirements, and submit all materials to her.

natalie.kohler@northwestern.edu

Study Abroad Office

studyabroad@northwestern.edu

<http://www.northwestern.edu/studyabroad/>

Tel: +1-847-467-6400

Program Information

- Public Health in South Africa Program Page: http://www.ipd.northwestern.edu/undergraduate/public_health/ph-southafrica.html
- IPD Pre-Departure Information: <http://www.ipd.northwestern.edu/study-abroad/pre-departure/index.html>
- NU in South Africa Blog: <http://blog.ipd.northwestern.edu/nu-southafrica/>
- IPD Student Ambassadors: <http://www.ipd.northwestern.edu/study-abroad/student-voices/ambassadors/index.html>
- Study Abroad Guide: <http://www.northwestern.edu/studyabroad/guide/index.html>
- Study Abroad Office: Student Voices (including a password-protected area to access returnee information): <http://www.northwestern.edu/studyabroad/student-voices/index.html>
- Study Abroad Office: Learn About Your Destination: <http://www.northwestern.edu/studyabroad/outbound-students/learn-about-your-destination.html>
- Study Abroad Office: Life in a Foreign Culture: <http://www.northwestern.edu/studyabroad/outbound-students/life-in-a-foreign-culture-tips-for-cultural-adjustment-while-abroad.html>
- Stellenbosch University: <http://www.sun.ac.za/english>

Country & Traveler Information

- US Department of State Country Guide for South Africa: http://travel.state.gov/travel/cis_pa_tw/cis/cis_1008.html
- CIA World Factbook South Africa: <https://www.cia.gov/library/publications/the-world-factbook/geos/sf.html>
- CDC Travelers' Health South Africa: http://wwwnc.cdc.gov/travel/destinations/traveler/extended_student/south-africa

Global Health Information

- World Health Organization: South Africa: <http://www.who.int/countries/zaf/en/>
- MEASURE DFS Publications: <http://www.measuredhs.com/publications/index.cfm>
- South Africa National Department of Health: <http://www.doh.gov.za/>
- Center for Disease Control and Prevention (CDC) in South Africa: <http://www.cdc.gov/globalhealth/countries/southafrica/>



**PUBLIC HEALTH & DEVELOPMENT IN SOUTH AFRICA (Stellenbosch, South Africa)
SPRING 2015
Program Cost Information**

FEES CHARGED BY NORTHWESTERN	
PROGRAM FEE	
Tuition: \$13,112 The tuition fee covers all program expenses, including: <ul style="list-style-type: none">lectures and instruction for four coursesfield visits and excursions to locations such as Johannesburg, Kruger National Park, Hamakuya, Cape Town, Stellenbosch (including all related travel costs)	\$15,612
Housing: \$2,400 The housing fee covers: <ul style="list-style-type: none">lodging at the Concordia dormitory at Stellenbosch Universityaccommodations in guest houses, hostels, or camps during field trips and excursions No meals are included; students are responsible for covering the costs of all meals.	
HTH Worldwide Health Insurance: \$100	
STUDY ABROAD ADMINISTRATIVE FEE Students participating in this program are exempt from the Study Abroad Administrative Fee .	\$0
TOTAL FEES CHARGED BY NORTHWESTERN	\$15,612

ESTIMATED ADDITIONAL COSTS	
International Airfare Students are responsible for making arrangements to fly round-trip to Cape Town, South Africa, on the dates provided. Cost estimates are based upon travel from Chicago. International airfares vary greatly based on the point of departure, carrier, and type of ticket purchased as well as volatility of airline industry pricing. Students may choose to take advantage of frequent flyer or other airline awards available to them, which could significantly lower their travel costs.	\$1,800
Books & Supplies	\$100
Discretionary Expenses Personal expenses vary based on individual spending habits and budgets. Discretionary expenses represent an average of the amounts reported by previous students and include meals, non-program transportation, moderate personal travel, and other incidentals. Students who plan to do significant amount of personal travel (e.g., 2+ trips outside of Stellenbosch) should estimate an additional \$500-\$1,000.	\$2,300
TOTAL ESTIMATED ADDITIONAL COSTS	\$4,200

TOTAL STUDENT BUDGET (Fees + Estimated Additional Costs)	\$19,812
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For more information about billing, finances, and financial aid for study abroad, please refer to the [Money Matters](#) resource page of the Study Abroad Office website or contact Krista Buda Bethel (krista@northwestern.edu) in the Financial Aid Office. Also refer to the [Withdrawal Policies for Northwestern-Sponsored Programs](#) for information about refunds in the case of withdrawal or dismissal.



PROGRAM CONFIRMATION FORM

Name:		
Last	First	NU Student ID Number (if applicable)

<p>If you intend to study abroad, please confirm your program:</p> <ul style="list-style-type: none"> List your program's title as it appears on the Study Abroad Office website. If you are enrolling in a specific concentration/track, list that as well. If you're waiting to hear about acceptance from your program(s), fill out this form as if you will attend your preferred program and submit it by your Program Confirmation deadline. You must notify your Study Abroad Adviser if your plans change after signing and submitting this form. 	<p>NU term(s) abroad (include relevant quarter[s] and year):</p>
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<p>Withdrawal Notice: I'm <u>withdrawing</u> my NU Study Abroad Application for the following reason(s) [check all that apply]:</p>		
<input type="checkbox"/> Academic Reasons	<input type="checkbox"/> Financial Reasons	<input type="checkbox"/> Extracurricular Commitments
<input type="checkbox"/> Health or Safety Concerns	<input type="checkbox"/> Personal or Family Reasons	<input type="checkbox"/> Other (please describe below):

Program Confirmation - Northwestern Students:

If you withdraw from a **Northwestern-Sponsored Program** (click here for a list: [Northwestern-sponsored programs](#)) after signing and submitting this Program Confirmation Form, you will be charged a **minimum \$1,000 cancellation fee plus unrecoverable costs** incurred on your behalf by your program office, as indicated by the [Withdrawal Policies for Northwestern-Sponsored Programs](#).

For all other programs (i.e. affiliated, approved unaffiliated, and Non-NU Summer), you are bound by the billing, withdrawal and refund policies of the program provider and/or host institution. Please contact your program for details.

Program Confirmation - Non-Northwestern Students:

In order to reserve your place in a **Northwestern-Sponsored Program**, you must pay a **\$1,000 non-refundable deposit** (which will be applied to your overall program fee) by your program confirmation deadline. If you confirm your participation but do not submit a \$1,000 deposit within 10 days after the program's confirmation deadline, you are subject to an additional \$500 penalty fee.

If you withdraw from the program after signing and submitting this Program Confirmation Form, your program office will charge you for unrecoverable costs incurred on your behalf, and your deposit will not be refunded, as indicated in the [Withdrawal Policies for Northwestern-Sponsored Programs](#).

Student Statement (all students who are confirming):

- By signing below, I agree that I will:
- Review and abide by all Northwestern and program-specific requirements and regulations pertaining to the program in which I plan to participate, as indicated on the Study Abroad Office's website and in the Student Agreement I signed as part of my approved NU Study Abroad Application.
 - Complete all NU pre-departure requirements.

I have reviewed the refund, cancellation and withdrawal policies that apply to my program. My signature here confirms that I understand and agree to all of the statements and conditions set forth in this Program Confirmation Form, and I certify that the information in my NU Study Abroad Application is true and accurate to the best of my knowledge.

Student signature: _____ **Date:** _____
A signature is not required for students who are withdrawing their NU Study Abroad Application.

Northwestern Students: Please submit this form, in person and by your deadline, to the appropriate study abroad office.

Non-Northwestern Students: Please contact the appropriate office for submission instructions.

Buffett Center for International and Comparative Studies (BCICS): <http://www.bcics.northwestern.edu>
 Center for Global Engagement (CGE)/Global Engagement Studies Institute (GESI): <http://gesi.northwestern.edu>
 Office of International Program Development (IPD): <http://www.ipd.northwestern.edu>
 Study Abroad Office: <http://www.northwestern.edu/studyabroad>